

Peer Leader: \_\_\_\_\_ Participant: \_\_\_\_\_



## **ENCOUNTER NOTE #1: IN PERSON**

*Feb. 1-Feb. 13*

**Date:** \_\_\_\_\_ **Start Time:** \_\_\_\_\_ **End Time:** \_\_\_\_\_

What 3 values did your participant choose? Please also briefly describe why he/she felt these were important.

1. \_\_\_\_\_  
\_\_\_\_\_
2. \_\_\_\_\_  
\_\_\_\_\_
3. \_\_\_\_\_  
\_\_\_\_\_

### **Core Education Areas**

Reflect on the discussion you just had. What do you think your participant's main goal was for this encounter? Circle the core education area that describes his/her goal.

Healthy Eating

Healthy Coping

Reducing Risks

Problem Solving

Being Physically Active

Monitoring

Taking Medication

Other \_\_\_\_\_

**Peer Leaders: Please remember to update the Encounter Log.**