ENCOUNTER NOTE #1: IN PERSON
Feb. 1-Feb. 13

Date: _______________  Start Time: _______________  End Time: _______________

What 3 values did your participant choose? Please also briefly describe why he/she felt these were important.

1. __________________________________________________________________________
2. __________________________________________________________________________
3. __________________________________________________________________________

Core Education Areas

Reflect on the discussion you just had. What do you think your participant’s main goal was for this encounter? Circle the core education area that describes his/her goal.

- Healthy Eating
- Healthy Coping
- Reducing Risks
- Problem Solving
- Being Physically Active
- Monitoring
- Taking Medication
- Other __________________

Peer Leaders: Please remember to update the Encounter Log.