ENCOUNTER NOTE #3: BY PHONE

Feb. 28-March 13

Date: _______________  Start Time: _______________  End Time: _______________

What was your participant most concerned about? Is this related to the goals he/she has been setting? Tell us anything you wish about this encounter.

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Core Education Areas

Reflect on the discussion you just had. What do you think your participant’s main goal was for this encounter? Circle the core education area that best describes this goal.

Healthy Eating  Healthy Coping
Reducing Risks  Problem Solving
Being Physically Active  Monitoring
Taking Medication  Other_________________

Peer Leaders: Please remember to update the Encounter Log.