

Peer Leader: _____ Participant: _____



ENCOUNTER NOTE #3: BY PHONE

Feb. 28-March 13

Date: _____ **Start Time:** _____ **End Time:** _____

What was your participant most concerned about? Is this related to the goals he/she has been setting? Tell us anything you wish about this encounter.

Core Education Areas

Reflect on the discussion you just had. What do you think your participant's main goal was for this encounter? Circle the core education area that best describes this goal.

Healthy Eating

Healthy Coping

Reducing Risks

Problem Solving

Being Physically Active

Monitoring

Taking Medication

Other _____

Peer Leaders: Please remember to update the Encounter Log.