On a scale of 1-5 with 1 = strongly disagree and 5 = strong agree, rate peer leader’s performance in evaluating behavioral experiments and helping participants make an I-SMART behavioral experiment.

**Evaluating participant’s behavioral experiment**

1. Gives participant time and space to describe their experience
2. Avoids “success” and “failure” descriptions
3. Uses questions and reflects to clearly identify barriers
4. Responds to “feeling words” used by the participant or asks participant to identify feelings
5. Expresses understanding verbally and non-verbally
6. Helps participant identify lessons learned from the experience
7. Engages group participants in problem-solving

**Goal-setting/I-SMART action plan**

1. Helps participant identify an **INSPIRING** goal
2. Helps participant select a **SPECIFIC** behavioral experiment
3. Helps participant make the behavioral experiment **MEASUREABLE**
4. Helps participant assess how **ACHIEVABLE** experiment is
5. Helps participant assess if experiment is **RELEVANT** to goal
6. Helps participant establish a specific **TIME FRAME** for experiment