



Peers for Progress

Peer Support Around the World

A program of the American Academy of Family Physicians Foundation

Presentations and Publications

2009 – December 2013

Special Issues: Family Practice Volume 27 Supplement 1 June 2010 [[Full articles](#)]

Caro J & Fisher E. **Peer Support in Diabetes Management - Toward Global Application.** Family Practice (2010) 27 (suppl 1): i1-i2 doi: 10.1093/fampra/cmn082 [[Full article](#)]

Clark C Jr. **A Special Supplement of Family Practice: Overview.** Family Practice (2010) 27 (suppl 1): i3-i5 doi: 10.1093/fampra/cm001 [[Full article](#)]

Fisher E, Earp JA, Maman S, & Zolotor A. **Cross-cultural and international adaptation of peer support for diabetes management.** Family Practice (2010) 27(suppl 1): i6-i16 doi:10.1093/fampra/cmp013 [[Full article](#)]

Funnell MM. **Peer-based behavioural strategies to improve chronic disease self-management and clinical outcomes: evidence, logistics, evaluation considerations and needs for future research.** Family Practice (2010) 27(suppl 1): i17-i22 doi:10.1093/fampra/cmp027 [[Full article](#)]

Heisler M. **Different models to mobilize peer support to improve diabetes self-management and clinical outcomes: evidence, logistics, evaluation considerations and needs for future research.** Family Practice (2010) 27(suppl 1): i23-i32 doi:10.1093/fampra/cmp003 [[Full article](#)]

Baksi A. **An overview of training curricula for diabetes peer educators.** Family Practice (2010) 27(suppl 1): i33-i39 doi:10.1093/fampra/cmn102 [[Full article](#)]

Nettles A & Belton A. **Experiences in peer-to-peer training in diabetes mellitus: challenges and implications.** Family Practice (2010) 27(suppl 1): i40-i45 doi:10.1093/fampra/cmp014 [[Full article](#)]

Less L, Ragoobirsingh D, Morrison E, Boyne M, and Anderson Johnson P. **A preliminary report on an assessment of a community-based intervention for diabetes control in adults with type 2 diabetes,** Family Practice (2010) 27(suppl 1): i46-i52 doi:10.1093/fampra/cmp085 [[Full article](#)]

Simmons D, Voyle JA, Rush E, & Dear M. **The New Zealand experience in peer support interventions among people with diabetes.** Family Practice (2010) 27(suppl 1): i53-i61 doi:10.1093/fampra/cmp012 [[Full article](#)]

Boothroyd R & Fisher, E.B. **Peers for Progress: promoting peer support for health around the world.** Family Practice (2010) 27(suppl 1): i62-i68 doi:10.1093/fampra/cm017 [[Full article](#)]

Publications

- Andreae SJ, Halanych JH, Cherrington A, Safford MM. (2012). Recruitment of a Rural, Southern, Predominantly African-American Population into a Diabetes Self-Management Trial. *Contemporary Clinical Trial*. 33(3):499-506. [[Abstract](#)]
- Ayala GX & Elder JP. (2011). Qualitative methods to ensure acceptability of behavioral and social interventions to the target population. *Journal of Public Health Dentistry*. 71:S69-S79. [[Abstract](#)]
- Ayala GX, Vaz L, Earp J, Elder JP & Cherrington A. (2010). Outcome effectiveness of the lay health advisor model among Latinos in the United States: An examination by role type. *Health Educ Res*. 25(5):815-40. [[Full article](#)]
- Baumann LC and Dang TT. (2012). Helping Patients with Chronic Conditions Overcome Barriers to Self-Care. *The Nurse Practitioner*. 37(3):32-8. [[Abstract](#)]
- Brownson C, Heisler M. (2009). The role of peer support in diabetes care and self-management. *The Patient: Patient-Centered Outcomes Research*. 2(1):5-17. [[Abstract](#)]
- Bunn C, Graffey J, Donald S, Robins P, Paddison C, Ward C, Simmons D. (2011). Findings from the RAPSID (RAndomised controlled trial of Peers Support In type 2 Diabetes) pilot study. *Diab Med*. 28 (supp 1):182.
- Cherrington A, Ayala GX, Elder JP, Arredondo, E.M., Fouad, M., & Scarinci I. (2010). Recognizing the diverse roles of Community Health Workers in the elimination of health disparities: from paid staff to volunteers. *Ethnicity & Disease*. 20(2):189-94. [[Abstract](#)]
- Cherrington A, Martin MY, Hayes M, Halanych JH, Wright MA, Appel SJ, Andreae SJ, Safford M. (2012). Intervention mapping as a guide for the development of a diabetes peer support intervention in rural Alabama. *Prev Chronic Dis*. 9:E36. [[Full article](#)]
- Daivadanam M, Absetz P, Sathish T, Thankappan KR, Fisher EB, Philip NE, Mathews E, Oldenburg B. (2013). Lifestyle change in Kerala, India: needs assessment and planning for a community-based diabetes prevention trial. *BMC Public Health*. 13:95. [[Abstract](#)]
- Fisher EB, Boothroyd RI, Coufal MM, Baumann LC, Mbanya JC, Rotheram-Borus MJ, Sanguanprasit B, and Tanasugarn C. (2012). Peer Support for Self-Management of Diabetes Improved Outcomes in International Settings. *Health Affairs*. 31(1):130-139. [[Abstract](#)][Full article can be accessed through www.peersforprogress.org]
- Fisher EB, Brownson CA, O'Toole M, & Boothroyd RI. (2010). Peer Support in Diabetes Management: Lessons from the Diabetes Initiative of the Robert Wood Johnson Foundation and from Peers for Progress of the American Academy of Family Physician Foundation. *On the Cutting Edge: Diabetes Care and Education*. 31(4): 14-18.
- Fisher EB, Chan JC, Nan H, Sartorius N, and Oldenburg B. (2012). Co-Occurrence of Diabetes and Depression: Conceptual Considerations for an Emerging Global Health Challenge. *J Affect Disord*., 142 Suppl:S56-66. [[Abstract](#)]

- Fisher EB, Fitzgibbon ML, Glasgow RE, Haire-Joshu D, Hayman LL, Kaplan RM, Nanney MS, & Ockene JK. (2011). Behavior Matters. American Journal of Preventive Medicine. 40(5): e15-e30. [[Full article](#)]
- Fisher EB, Strunk RC, Highstein GR, Kelley-Sykes R, Tarr KL, Trinkaus K, Musick J. (2009). A randomized controlled evaluation of the effect of community health workers on hospitalization for asthma: the Asthma Coach. Archives of Pediatrics and Adolescent Medicine. 163(3):225-232. [[Abstract](#)]
- Gagliardino JJ, Arrechea V, Assad D, Gagliardino GG, Gonzalez L, Lucero S, Rizzuti L, Zufriategui Z, Clark Jr. C. (2013). Type 2 diabetes patients educated by other patients perform at least as well as patients trained by professionals. Diabetes/Metabolism Research and Reviews. 29(2):152-60. [[Abstract](#)]
- Ghorob A, Vivas MM, De Vore D, Ngo V, Bodenheimer T, Chen E, & Thom DH. (2011). The effectiveness of peer health coaching in improving glycemic control among low-income patients with diabetes: protocol for a randomized controlled trial. BMC Public Health. 11:208. [[Full article](#)]
- Goldman ML, Ghorob A, Eyre SL, Bodenheimer T. (2013). How do peer coaches improve diabetes care for low-income patients?: a qualitative analysis. The Diabetes Educator. 39(6):800-10. [[Abstract](#)]
- Heisler M, Choi H, Piette JD, Rosland A, Langa KM, Brown S. (2013). Adults with Cardiovascular Disease Who Help Others: A Prospective Study of Health Outcomes. Journal of Behavioral Medicine. 36(2):199-211. [[Abstract](#)]
- Heisler M, Spencer M, Forman J, Robinson C, Shultz C, Palmisano G, Graddy-Dansby G, Kieffer E. (2009). Participants' Assessments of the Effects of a Community Health Worker Intervention on Their Diabetes Self-Management and Interactions with Healthcare Providers. American Journal of Preventive Medicine. 37(6S1): S270-S279. [[Abstract](#)]
- Herbert MS, Varley AL, Andreae SJ, Goodin BR, Bradley LA, Safford MM. (2013). Association of pain with HbA1c in a predominantly black population of community-dwelling adults with diabetes: a cross-sectional analysis. Diabetic Medicine. 30(12):1466-71. [[Abstract](#)]
- Margolius D, Bodenheimer T, Bennett H, Wong J, Ngo V, Padilla G, and Thom D. (2012). Health Coaching to Improve Hypertension Treatment in a Low-Income, Minority Population. Annals of Family Medicine. 10(3):199-205. [[Abstract](#)]
- Massey CN, Appel SJ, Buchanan KL, Cherrington AL. (2010). Improving Diabetes Care in Rural Communities: An Overview of Current Initiatives and a Call for Renewed Efforts. Clinical Diabetes. 28:20-27. [[Full article](#)]
- Melvin C et al. (2013). Developing a research agenda for cardiovascular disease prevention in high-risk rural communities. American Journal of Public Health. 103(6):1011-1021. [[Abstract](#)]
- Moskowitz D, Thom D, Hessler D, Ghorob A, Bodenheimer T. (2013). Peer coaching to improve diabetes self-management: Which patients benefit most? Journal of General Internal Medicine. 28(7):938-42. [[Abstract](#)]
- Nelson KA, Highstein GR, Garbutt J, Trinkaus K, Fisher EB, Smith SR, & Strunk RC. (2011). A randomized controlled trial of parental asthma coaching to improve outcomes among urban minority children. Archives of Pediatric and Adolescent Medicine. 165(6): 520-526. [[Abstract](#)]

- O'Neil A, Hawkes AL, Atherton JJ, Patrao TA, Sanderson K, Wolfe R, Taylor CB, Oldenburg B. (2012). Telephone-delivered, health coaching improves anxiety outcomes after myocardial infarction: the 'ProActive Heart' trial. *European Journal of Preventive Cardiology*. Epub ahead of print. [[Abstract](#)]
- Parada H, Horton L, Cherrington A, Ibarra L, Ayala GX. (2012). Correlates of Medication Non-Adherence among Latinos with Type 2 Diabetes. *Diabetes Educator*. 38(4):552-561. [[Abstract](#)]
- Piette J, Resnicow K, Choi H, Heisler M. (2013). A diabetes peer support intervention that improved glycemic control: mediators and moderators of intervention effectiveness. *Chronic Illness*. 9(4):258-67. [[Abstract](#)]
- Riddell MA, Renwick C, Wolfe R, Colgan S, Dunbar J, Hagger V, Absetz P, Oldenburg B. (2012). Cluster randomized controlled trial of a peer support program for people with diabetes: study protocol for the Australasian Peers for Progress Study. *BMC Public Health*. 12(1):843. [[Abstract](#)]
- Rogers EA, Hessler DM, Bodenheimer TS, Ghorob A, Vittinghoff E, Thom DH. (2013). Diabetes Peer Coaching: Do "Better Patients" Make Better Coaches? *The Diabetes Educator*. 2013 Nov 20. Epub ahead of print. [[Abstract](#)]
- Rotheram-Borus MJ, Ingram BL, Swendeman D, Lee A. (2012). Adoption of Self-Management Interventions for Prevention and Care. *Primary Care*. 39(4):649-60. [[Abstract](#)]
- Rotheram-Borus MJ, Tomlinson M, Gwegwe M, Comulada WS, Kaufman N, and Keim M. (2012). Diabetes Buddies: Peer support through a mobile phone buddy system. *The Diabetes Educator*. 38(3):357-65. [[Abstract](#)]
- Sewell K, Andreae SJ, Luke E, Safford MM. (2012). Perceptions and Barriers to Usage of Generic Medications in Rural African-American Population. *Preventing Chronic Disease*. 9:E142. [[Abstract](#)]
- Simmons D, Bunn C, Cohn S, Graffy J. (2013). What is the idea behind peer-to-peer support in diabetes? *Diabetes Management*. 3(1):61-70.
- Simmons D, Cohn S, Bunn C, Birch K, Donald S, Paddison C, Ward C, Robins P, Prevost T, Graffy, J. (2013). Testing a Peer Support Intervention for People with Type 2 Diabetes: a Pilot Randomised Controlled Trial. *BMC Family Practice*. 14:5. [[Abstract](#)]
- Tang TS, Ayala GX, Cherrington A, & Rana G. (2011). A Review of Volunteer-Based Peer Support Interventions in Diabetes. *Diabetes Spectrum*. 24:85-98. [[Abstract](#)]
- Tang TS, Funnell MM, Gillard M, Nwankwo N, & Heisler M. (2011). Training peers to provide ongoing diabetes self-management support (DSMS): Results from a pilot study. *Patient Education and Counseling*. 85(2):160-8. [[Abstract](#)]
- Tang TS, Funnell MM, Oh M. (2012). Lasting Effects of a 2-Year Diabetes Self-Management Support Intervention: Outcomes at 1-Year Follow-Up. *Preventive Chronic Disease*. 9:E109. [[Abstract](#)]
- Tang TS, Nwankwo R, Whiten Y, and Oney C. (2012). Training Peers to Deliver a Church-Based Diabetes Prevention Program. *Diabetes Educ.*, 38(4):519-25. [[Abstract](#)]

Tang TS, Sohal PS, Garg AK. (2013). Evaluating a diabetes self-management support peer leader training programme for the English- and Punjabi-speaking South-Asian community in Vancouver. *Diabetic Medicine*. 30(6):746-52. [[Abstract](#)]

Thom D, Ghorob A, Hessler D, De Vore D, Chen E, Bodenheimer T. (2013). Impact of peer health coaching on glycemic control in low-income patients with diabetes: a randomized controlled trial. *Annals of Family Medicine*. 11(2):137-44. [[Abstract](#)]

Symposia, Panels, and Workshops Organized by Peers for Progress including Grantee Participation

2010

Ongoing Support-The "Whys and Hows" for Developing and Managing Peer Support Programs

Webinar with Johnson & Johnson Diabetes Institute, December 2010 [[Slides](#)]

Fisher E & Boothroyd R

Evolving Models of DSME: The Critical Role of Ongoing Support

16th Annual Diabetes Fall Symposium for Primary Health Care Professionals, Medical University of South Carolina (MUSC), Diabetes Initiative of South Carolina, North Charleston, S.C., USA [[Slides](#)]

Boothroyd R

Peer Support Across Cultural, National and Organizational Settings: Common Functions and Setting-Specific Feature

Symposium at 11th International Congress of Behavioral Medicine (ICBM), Washington D.C., USA

Standardization by Function, Not Content, and Regional Networks for Global Promotion and Dissemination of Peer Support as Standard Component of Care [[Slides](#)]

Fisher E & Boothroyd R

JADE and PEARL in Hong Kong: The Integration of Peer Support, Telehealth, and Primary Care in Diabetes Management [[Slides](#)]

Nan H (presenter)

The Australasian Peers for Progress Diabetes Program: Important Features and Potential for Transfer to Other Countries [[Slides](#)]

Oldenburg B, Reddy P, Riddell M, Renwick C, Absetz P, & Dunbar J

Peer Support for Adults with Diabetes in Rural Uganda: Champions and Partners [[Slides](#)]

Baumann L, Nakwagala F, & Nambuya A

Generalizable Functions of Peer Support and Local Tailoring of Peers Support Interventions: Examples from Peers for Progress [[Slides](#)]

Boothroyd R & Fisher E

Integrating Foundations in Evidence with Tailoring to Local Strengths, Needs, etc. -Standardization by Function, Not Content

Part of Workshop on Cross-Cultural Research, 11th International Congress of Behavioral Medicine (ICBM), Washington D.C., USA [[Slides](#)]

Fisher E

Identification of Reliable Measures of Outcomes: Consensus Measures of Outcomes and Key Mediators of Benefits of Peer Support in Diabetes Management

Part of Workshop on Cross-Cultural Research, 11th International Congress of Behavioral Medicine (ICBM), Washington D.C., USA [[Slides](#)]

Boothroyd R

Peer Support in Diabetes Management and Peers for Progress

Latin American Diabetes Association (ALAD), November 2010, Santiago, Chile

Gagliardino JJ, Clark C, Heisler M & Velasco C

2011

The Practice of Diabetes Education & Management in Asia and the Pacific Diabetes Self-Management Education Evolution: Peer Support Programs

Workshop at 2011 International Symposium on Diabetes Education and Management, Nanjing, China
Fisher E, Coufal M, Zhong X, Sun Z, et al.

Promotores de Salud: The Heart and Soul of Community

Workshop at National Council of La Raza (NCLR) Annual Meeting, Washington D.C., USA [[Slides](#)]
Boothroyd RI, Ayala GX, Ibarra L, Belen M

Peer Support across Cultural, National & Organizational Settings: Common Functions & Setting-Specific Features

Symposium at Society of Behavioral Medicine (SBM), 2011 Annual Meeting & Scientific Sessions, Washington D.C., USA

Peer Support across Cultural, National & Organizational Settings: Common Functions & Setting-Specific Features [[Slides](#)]

Fisher E, Oldenburg B, Baumann L, Ayala G, & Rotheram-Borus MJ

Working to Improve Peer Support for Diabetes along the U.S.-Mexico Border: Puentes hacia una mejor vida [[Slides](#)]

Ayala G, Cherrington A, Ibarra L, & Elder J

Peer Support for Adults with Diabetes in Rural Uganda [[Slides](#)]

Baumann L, Nakwagala F, & Nambuya A

Australasian Peers for Progress Diabetes Program: Features and potential for transfer to other countries [[Slides](#)]

Oldenburg B, Reddy P, Riddell M, Renwick C, Absetz P, & Dunbar J

Recruiting, Training & Evaluating Peer Supporters: Peers for Progress Network

Workshop at Society of Behavioral Medicine, 2011 Annual Meeting & Scientific Sessions, Washington D.C., USA [[Slides](#)]
Ayala G, Cherrington A, & Tang T

2012

Peers for Progress China Network Forum, February, Beijing, China [[Slides & Summary](#)]

Fisher E, Boothroyd R, Coufal M, & Zhong X

Implementation Differences and Underlying Commonalities of Peer Support: Implications for Standardization and Advocacy

Symposium at Society of Behavioral Medicine, Annual Meeting & Scientific Sessions, New Orleans, LA, USA

Implementation Differences and Underlying Commonalities of Peer Support: Implications for Standardization and Advocacy

Oldenburg B, Riddell M, Zhong X, Cherrington A, & Fisher E

The Australasian Peers for Progress Diabetes Project: Features of a community based program

Riddell M, & Oldenburg B

Reciprocal Cooperation between Peer Supporters and Community Health Centers in China

Zhong X, Tanasugarn C, Fisher E, Coufal M, Zhang L, Wang Z, Zhang J, Qiu S, & Chen W
The ENCOURAGE program: Implementation of a community-based diabetes peer support program for African Americans in rural Alabama
Cherrington A, Martin M, & Safford M

Ongoing Support for Health: Impacts of “Organizational Home” on Sustainability of Peer Support Programs

Symposium at Society of Behavioral Medicine, Annual Meeting & Scientific Sessions, New Orleans, LA, USA

Ongoing support for health: Impacts of “organizational home” on sustainability of peer support programs

Boothroyd R, Safford M, Ghorob A, Knox L, & Elder J

Sustaining peer support for diabetes in a resource-poor rural community without a well-established peer support presence

Safford M

Why peer support belongs in primary care

Ghorob A, Thom D, & Bodenheimer T

Implementing a peer support program in a medical group: Lessons learned from the WellMed Medical Group

Knox L

Peer Support Interventions: Training, ensuring competencies, and intervention tracking (The Peers for Progress Network)

Workshop at Society of Behavioral Medicine, Annual Meeting & Scientific Sessions, New Orleans, LA, USA

[\[Workshop materials\]](#)

Tang T, Ayala G, & Cherrington A.

Peer Support in Health Promotion: Global and Chinese Perspectives

Invited Seminar at Peking University Department of Social & Family Medicine, May 2012

Fisher, E., & Zhong, X.

Beyond Efficacy: Key Issues and Future Directions in Peer Support Interventions

Symposium at 12th International Congress of Behavioral Medicine, Budapest, Hungary

Beyond Efficacy: Key Issues and Future Directions in Peer Support Interventions

Fisher E, Boothroyd R, Baumann L, Heisler M, Mbanya JC, Safford M

Contextual Issues in Determining the Dose of Peer Training and Peer Support

Baumann L and Boothroyd R

Culturally Adapting a Peer Support Trial to Maximize Acceptability

Safford M

Lessons Learnt in Developing a Peer Support Program to Improve Diabetes Management in Anhui, China

Zhong X

2013

Outcomes of Peer Support Programs for Diabetes Management - Peers for Progress

Symposium at Society of Behavioral Medicine, Annual Meeting & Scientific Sessions, San Francisco, CA, USA

Outcomes of Peer Support Programs for Diabetes Management - Peers for Progress

Fisher E, Thom D, Safford M, Heisler M, Glasgow R

Peer Health Coaching Improves Glycemic Control in Low-Income Patients with Diabetes: A Randomized Controlled Trial

Thom D, Ghorob A, Hessler D, De Vore D, Chen E, Bodenheimer T

Volunteer Peer Support in Rural Alabama

Safford M, Halanych J, Martin M, Andreae S, Clark D, Johnson E, Richman J, Gamboa C, Cherrington A

Process and Clinical Outcomes of the PLEASED Intervention

Heisler M, Lockhart E, Sinco B, Palmisano G, Tang T

Invited Addresses and Presentations

2011

Promoting Peer Support for Diabetes Management. Fisher E, Boothroyd R, & Coufal M. Invited Presentation, 1st Asia-Pacific Congress of Diabetes Education (APCDE) and 16th Taiwan Association of Diabetes Educators Annual Meeting. June 2011, Taipei, Taiwan.

Behavioral Interventions in Global Diabetes: Role of Diabetes Self Management Support. Fisher E. Global Diabetes Symposium. September 2011, Albert Einstein College of Medicine, New York, NY, USA [[Video](#)]

2012

Potential Benefits and Translation of Peer Support into Practice: Lessons from Peers for Progress. Fisher E. Peking University Diabetes Forum. May 2012, Beijing, China.

From Behavioral Change to System Change: Can We Change Patients' and Doctors' Behaviors? Fisher E. Asia Diabetes Foundation, Diabetes Preventing the Preventables Forum. May 2012, Hanoi, Vietnam.

Diabetes Management and Peer Support in China and Globally. Fisher E. International Symposium on Diabetes Education & Management, Chinese Diabetes Society. August 2012, Chengdu, China.

Peer Support as a Strategy for Addressing Diabetes and Depression. Fisher E. NIDDK International Conference on Diabetes and Depression. October 2012.

Peer Support as a Global – and Regional – Strategy for Diabetes Management. Fisher, E. Invited Keynote at Western Pacific Region of International Diabetes Federation. November 2012, Kyoto, Japan.

2013

Emerging Trends Influencing Health Behavior. Fisher, E. Catalina Health-sponsored Expert Stakeholder Panel 'Creating Value for Consumers: Strategies and Solutions in the Climate of Health Care Reform'. January 2013, Philadelphia, PA.

Additional Invited Presentations on Peer Support and Peers for Progress at:

Annual NIH Dissemination and Implementation Science Conference with Peers for Progress colleagues from India and Australia (2011, 2012)

American Diabetes Association (2008, 2009)

American Diabetes Association Annual Clinical Conference (2011)

American Diabetes Association Postgraduate Course (2010)

American Heart Association Epidemiology, Nutrition and Behavior Conference (2011)

Asia Diabetes Foundation (2011)

Australian Disease Management Association, 6th Annual National Disease Management Conference, Melbourne (2010)

Diabetes Australia – Victoria and Victoria Chronic Illness Alliance (2009, 2010)

International Symposium on Diabetes Education and Management of the Chinese Diabetes Society (2010, 2011), Chinese Diabetes Society (2011)

Jeffrey Cheah School of Medicine, Monash University, Kuala Lumpur, Malaysia (2010)
Society of Behavioral Medicine (2008, 2009, 2010)
State of Patient Engagement in Their Health Today and in the Future Partners in Patient Health Forum
(2012)
US Diabete Mellitus Interagency Coordinating Committee (2012)
Western Pacific Region of International Diabetes Federation (2010)
World Organization of Family Doctors (WONCA) (2010)

Other Papers, Posters and Presentations at National & International Meetings

Innovative strategies for rural diabetes care: Self-management and peer support in rural communities. Boothroyd RI, & Fisher E. In panel at National Rural Health Association's Third Annual Rural Health Conference. April 2011, Savannah, GA, USA [[Slides](#)]

Elstad E, Boothroyd R, & Fisher E. Global Systematic Review of Peer Support for Complex Health Behavior 11th International Congress of Behavioral Medicine (ICBM). August 2010, Washington D.C. [[Abstract](#)] [[Slides](#)]

Fisher E. The Science Around Peer Education: Integrating Peers and Professionals Into A Successful Program. In Symposium, World Diabetes Congress 2011. December 2011, Dubai, United Arab Emirates [[Slides](#)]

Fisher E. Panelist in State of Patient Engagement in Their Health Today and in the Future Partners in Patient Health 2012 Forum, Washington D.C.

Velicer C, Riddell M, Fisher E, & Oldenburg B. Supporting Supporters – Exchange among peer supporters to enhance and sustain their efforts. Society of Behavioral Medicine 2012 Annual Meeting & Scientific Sessions, New Orleans, LA.

Yu S, Li G, Coufal M, & Fisher E. Stigma and Social Network Considerations in Establishing Peer Support for Depression Management in China. Society of Behavioral Medicine 2012 Annual Meeting & Scientific Sessions, New Orleans, LA.

Other Presentations by Grantees

Andreae SJ, Halanych JH, Cherrington A, Safford MM. (May 2011) Recruitment of Rural Southern Minorities into a Diabetes Self-Management Trial. UAB Diabetes Day. Birmingham AL.

Andreae SJ, Halanych JH, Cherrington A, Safford MM. (April 2011). Recruitment of Rural Southern Minorities into a Diabetes Self-Management Trial. 6th Annual Health Disparities Research Symposium. Birmingham, AL.

Appel SJ, Wright MA, Talley M, Gamboa C, Safford MM, (Feb 2012). Cardiometabolic Risk, Depression and Diabetes Distress in African American Women Living with Diabetes in the Alabama Black Belt. 26th Annual SNRS Conference. New Orleans, Louisiana.

Awah PK & Kengne AP. (November 2009). Peer Collaboration in Diabetes Care – PEERSDIACARE – Cameroon. Peers for Progress Satellite meeting at the World Diabetes Conference, Montreal, Canada.

Awah PK & Kengne AP. (October 2009). Peer Collaboration in Diabetes Care – PEERSDIACARE – Cameroon. Peers for Progress Meeting, Cambridge, United Kingdom.

Awah PK & Kengne AP. (October 2010). Peer Collaboration in Diabetes Care – PEERSDIACARE – Cameroon. Peers for Progress Meeting, Kuala Lumpur, Malaysia.

- Ayala GX. (May 2009). Working with Latinos to promote a healthy lifestyle. Connecticut Center for Eliminating Health Disparities, Storrs, CT.
- Ayala GX, Cherrington A, Tang TS. (April 2011). Recruiting, training, and evaluating peer supporters: The Peers for Progress network. 32nd Annual Meeting & Scientific Sessions of the Society of Behavioral Medicine (SBM), Washington, DC.
- Baumann L, Nambuya A, Nakwagala F. (August 2009). A Peer Support Program for Ugandan Adults with Diabetes. Population Health Sciences in Wisconsin and Beyond 50th Anniversary Symposium, Madison, WI.
- Baumann LC, Nakwagala F, Blobner D & Nambuya A. (April 2010). A Peer Support Intervention for Ugandan Adults with Type 2 Diabetes. Society of Behavioral Medicine Annual Meeting, Seattle WA.
- Baumann LC, Nakwagala F and Nambuya A. (August 2010). Results of a Pilot Intervention of Peer Support for Ugandans with Type 2 Diabetes. The 11th International Congress of Behavioral Medicine, Washington DC.
- Baumann LC, Nakwagala F, Nambuya A. (2011). Peer support for adults with diabetes in rural Uganda. Symposium presentation. Society of Behavioral Medicine Annual Meeting, Washington DC.
- Baumann LC, Nambuya A, Nakwagala F. (2010). A Peer Support Intervention for Adults with Type 2 Diabetes: A Pilot Study in Mityana Uganda. National Endocrinology Conference, Makerere University, Kampala Uganda.
- Bodenheimer T. (May 2011). UCSF Family and Community Medicine Symposium. San Francisco, CA.
- Bodenheimer T. (February 2012). UCSF/Berkeley Joint Medical Program Symposium. San Francisco, CA.
- Bunn C, Graffy J, Donald S, Robins P, Paddison C, Ward C, Simmons D. (April 2011). Findings from the RAPSID (RANdomised controlled trial of Peers Support In type 2 Diabetes) pilot study. Diabetes UK, London.
- Bunn C. (February 2011). Producing Peers: reflections on the socialities of a peer support study. Invited talk at the Department of Health Sciences, University of Leicester.
- Campbell C, Gamboa C, Sewell K, Pisu M, Andreae S, Halanych JH, Safford MM. (April 2011). Opportunities for Lower Cost Diabetes Medications in the ENCOURAGE Study, 6th Annual Health Disparities Research Symposium. Birmingham, AL.
- Chan JC, Yi S, Chung H, Lau M, Lin G, Chan S, Brown N, Zhang J, Wong R, Oldenburg B, Fisher E, Ko G. (June 2012). A Randomized Study to Evaluate Peer Support in Type 2 Diabetic Patients Receiving Structured Care. American Diabetes Association, 72nd Scientific Sessions, Philadelphia, PA.
- Cherrington A. (April 2011). Training Peer Supporters, Part 3 of Recruiting, Training, and Evaluating Peer Supporters: the Peers for Progress Network Symposium. Society of Behavioral Medicine 32nd Annual meeting and Scientific Sessions. Washington D.C.
- Cherrington A. (April 2012). The ENCOURAGE Program: Implementation of a community-based diabetes peer support program in rural Alabama. Society of Behavioral Medicine 33rd Annual Meeting and Scientific Sessions, New Orleans, Louisiana.

- Cherrington A, Khodnova Y, Gamboa C, Andreae S, Appel S, Safford M. (March 2013). Diabetes distress, depressive symptoms and diabetes control in a southern rural sample. 34th Annual Meeting of the Society of Behavioral Medicine, San Francisco, California.
- Cherrington A, Martin MY, Hayes M, Halanych JH, Wright MA, Appel SJ, Andreae SJ, Safford MM. (April 2011). Developing a peer support intervention for individuals living with diabetes in rural Alabama: the ENCOURAGE study 6th Annual Health Disparities Research Symposium. Birmingham, AL. Won first place in Oral Presentation category.
- Cherrington A, Martin MY, Halanych JH, Andreae SJ, Samuel-Hodge C, Safford MM. (May 2011) Training Community Members to use principles of Motivational Interviewing for diabetes support in rural Alabama: the ENCOURAGE Study. UAB Diabetes Day, Birmingham, AL.
- Cherrington A, Martin MY, Hayes M, Halanych JH, Wright MA, Appel SJ, Andreae SJ, Safford MM. (May 2011). Developing a peer support intervention for individuals living with diabetes in rural Alabama: the ENCOURAGE study. UAB Diabetes Day, Birmingham, AL.
- Cockrum R, Andreae S, Gamboa C, Safford M. (April 2013). Diabetes Knowledge Retention and Glycemic Control in the ENCOURAGE Trial. 54th Annual National Student Research Forum, Galveston, TX.
- Dunbar J and Oldenburg B. (February 2011). Australasian Peers for Progress Diabetes Program: Development, evaluation and transferability. Inaugural Asian Conference on Integrated Care, Singapore.
- Fisher E, Ayala GX, Ibarra L, Luna MB. (July 2011). Community Health Educators: El alma y vida de la comunidad. Workshop presented at the National Council of La Raza Annual Conference, Washington, D.C.
- Fisher E, Oldenburg BF, Baumann LC, Ayala GX, Rotheram-Borus MJ. (April 2011). Peer Support Across Cultural, National and Organizational Settings: Common Functions and Setting-Specific Features. 32nd Annual Meeting & Scientific Sessions of the Society of Behavioral Medicine (SBM), Washington, DC.
- Gagliardino JJ. (November 2010). Optimizing diabetes outcomes: the role of peers. XVI Congreso de la Asociacion Latinoamericana de Diabetes (ALAD), Santiago de Chile, Chile.
- Garfein R, Zuniga de Nuncio M, Ayala GX, & Nunez-Alvarez A (December 2011). Highlights of recent border health research. Plenary session at the California Wellness Foundation Conference on Border Health, San Diego, CA.
- Gomez, Henderson. (2011). The WellMed Care Companion Program: Selecting and Training Peer Mentors to Empower Patients. STFM Conference on Practice Improvement 2011, Long Beach, CA.
- Gomez M, Henry M, Gomez M, & Eickhoff R. (December 2010). The WellMed Care Companion Program: Empowering Patients to Become Managers of their Own Healthcare. STFM Conference on Practice Improvement 2010, San Antonio, TX.
- Graffy J. (March 2012). Update on the RAPSID Study and the RfPB add-on work. Institute of Public Health, University of Cambridge.
- Halanych JH and Moultry S. for the ENCOURAGE Investigators. (May 2010). ENCOURAGE: Evaluating Community Peer Advisors and Diabetes Outcomes in Rural Alabama. National Rural Health Association Conference, Savannah, GA.

- Halanych JH, Russell LB, Andreae SJ, Cherrington A, Martin MY, Pisu M, Safford MM. (May 2011). Blood Pressure Measurement Biases in Clinical Settings. 34th Annual Meeting of the Society of General Internal Medicine. Phoenix, AZ.
- Halanych JH, Russell LB, Andreae SJ, Cherrington A, Martin MY, Pisu M, Safford MM. (May 2011). Blood pressure measurement biases in clinical settings among patients with diabetes. UAB Diabetes Day. Birmingham, AL.
- Heisler M. (October 2009). Peer Diabetes Self-Management Support: Does It Work? Invited talk at the International Federation of Diabetes (IDF) Annual Meeting, Montreal, Canada.
- Heisler M. (December 2011) Using peers and other community support to meet unmet needs in diabetes. Invited Presentation at the World Diabetes Congress 2011. Dubai, United Arab Emirates.
- Heisler M. (March 2013). How Best to Sustain Gains from Diabetes Self-Management Training? Comparing Peer Mentoring with Community Health Worker (CHW) Outreach. 34th Annual Meeting & Scientific Sessions of the Society of Behavioral Medicine, San Francisco, CA.
- Heisler M et al. (April 2013). How Best to Sustain Improvements in Glycemic Control Achieved in Diabetes Self-Management Training Programs? A Randomized Controlled Trial Comparing Peer Mentoring with Community Health Worker (CHW) Outreach. Society of General Internal Medicine Meeting, Denver, CO.
- Johnson C, Andreae SJ, Cherrington A. (July 2010). Recommendations to Retain and Support CHAs: A Mixed Methods Approach. UAB Minority Health & Health Disparities Summer Enrichment Program Poster Presentation, Birmingham, AL.
- Kaufman N, Rotheram-Borus J, and Gwegwe M. (April 2010). Diabetes Buddies: A Project of the University of California, Los Angeles and Women for Peace, South Africa. CDC Diabetes Translation Meeting, Atlanta, GA.
- Knox L. (March 2010). Making the jump from community subjects to community partners: Developing collaborative relationships with communities. Partners for Health: Communities and Researchers Working Together, hosted by Loma Linda University, Loma Linda, CA.
- Knox L, Kamphner CJ, Henry M, Ha B. (October 2010). "So much to do, so little time:" Relationships between peer supporters and healthcare providers to enhance the culture of care. Kuala Lumpur, Malaysia.
- Knox L, Gomez M, Henry M. (October 2010). Ebb and Flow. Kuala Lumpur, Malaysia.
- Lenkova E, Sanchez J, Horton LA, Ayala GX. (March 2013). Factors associated with self-care practices and healthcare use in Latinos with Type 2 diabetes. Poster presented at the SDSU Student Research Symposium, San Diego, CA.
- Lewis MW, Safford MM, Gamboa C, Halanych JH, Cherrington A, Martin MY. (April 2012). Assessing Peer Advisor Intervention Fidelity Using Video Skits In A Peer Support Implementation Trial. Society of Behavioral Medicine 33rd Annual meeting and Scientific Sessions, New Orleans, LA.
- Lewis MW, Safford MM, Halanych JH, Cherrington A, Martin MY. (April 2011). Assessing Intervention Fidelity Using Video Skits in a Peer Support Implementation Trial: A Pilot Study. 6th Annual Health Disparities Research Symposium. Birmingham AL. Won 2nd place in Poster Presentation Category

- Lewis MW, Safford MM, Halanych JH, Cherrington A, Martin MY. (May 2011). Assessing Intervention Fidelity Using Video Skits in a Peer Support Implementation Trial: A Pilot Study. UAB Diabetes Day. Birmingham, AL.
- Lewis MW; Safford MM, Halanych JH, Cherrington A, Martin MY. (2011 April). Assessing Intervention Fidelity Using Video Skits in a Peer Support Implementation Trial: A Pilot Study. 3rd Annual UAB School of Public Health, Public Health Research Day. Birmingham, AL.
- Luke E, Lewis MW, Andreae SJ, Gamboa C, Safford MM. (2011 August). Perceptions of the Effects of a Peer-Delivered Diabetes Intervention on Healthy Eating Habits of the Peer's Families. NIDDK Medical Student Research Symposium. Nashville, TN.
- Mbanya JC. (July 2010). 70th ADA Scientific Session, Florida.
- Murphy B, Colgan S, Carter R, Reddy P, Dunbar J, Oldenburg B. (July 2010). Economic evaluation of the Australasian Peers for Progress Diabetes Program. 8th European Conference on Health Economics, Helsinki, Finland.
- Nan H, Ko G, Sui Y, Wong R, Chung H, Chan S, Lau M, Lin G, So W, Oldenburg B, Fisher E, & Chan J (June 2011). Peer Support, Empowerment and Remote Communication Linked by Information Technology (PEARL): A Multi-Component Program to Improve Community-Based Diabetes Care-Baseline Data. American Diabetes Association, 71st Scientific Sessions, San Diego, CA.
- Oldenburg B, Reddy P, Riddell M, Renwick C, Audehm R, Absetz P, Zaini A, & Dunbar J. (August 2010). The Australasian Peers for Progress Diabetes Program: Important features and potential for transfer to other countries. Abstract submitted to ISBM: 11th International Congress of Behavioral Medicine.
- Parada H, Horton L, Cherrington, A., & Ayala G. (June 2011). The Effects of Acculturation on Healthcare Utilization in Patients with Diabetes Mellitus. Poster presented at the American Diabetes Association conference, San Diego, CA.
- Parada, H, Horton, L., Cherrington, A., Ayala, G.X. (April 2011). Adherence to Diabetes Mellitus medication in a Latino population. 32nd Annual Meeting & Scientific Sessions of the Society of Behavioral Medicine (SBM), Washington, DC.
- Rawal L, Joyce C, Wolfe R, Li H, Brand M, Cyril S, Riddell M, Oldenburg B on-behalf of Australasian Peers for Progress Diabetes Project. (December 2011). "Utilisation of health services for diabetes management" AEA and PHAA joint initiative - A workshop showcasing higher degree public health student research in epidemiology and public health, Melbourne, Australia.
- Riddell M, Leone S, Springer A, Davison B, Renwick C, Hagger V, Oldenburg B. (August 2010). Collaboration with and involvement of peak community advocacy organisation enhances development of research methodology, program content, recruitment and community involvement in peer support program. Australia Disease Management Association 6th Annual Conference.
- Riddell M, Oldenburg B. (April 2012). The Australasian Peers for Progress Diabetes Project: Features of a community based program. Society of Behavioral Medicine 33rd Annual Meeting & Scientific Sessions, New Orleans, LA.

- Rogers E, Bodenheimer T, Hessler D, Thom DH. (May 2012). Diabetes Distress and Perceived Self-Management Predict Successful Peer Coaching: An Exploratory Analysis. 35th Annual Meeting of the Society of General Internal Medicine, Orlando, FL.
- Safford MM. (April 2012). Implementing a Volunteer Peer Support Trial in Rural Alabama. Society of Behavioral Medicine 33rd Annual meeting and Scientific Sessions, New Orleans, LA.
- Safford MM. (August-September 2012). Culturally Adapting a Peer Support Trial to Maximize Acceptability. 12th International Congress of Behavioral Medicine, Budapest, Hungary.
- Safford MM, Cherrington A, Appel SJ, Clark D, Fouad M, Garvey WT, Halanych JH, Johnson E, Martin MY, Pisu M, Oster R, Wright MA. (May 2010). Developing a Culturally Concordant Intervention to Improve Diabetes Outcomes in Alabama's Black Belt The Encourage Study: Evaluating Community Peer Advisors and Diabetes Outcomes in Rural Alabama. UAB Diabetes Day Research Symposium, Birmingham, AL.
- Sewell K, Andreae SJ, Luke E, Safford MM. (October 2011). Perceptions and Barriers to Usage of Generic Medications in a Rural African-American Population. UAB Medical School Research Day. Birmingham, AL.
- Simmons D. (March 2013). Janet Kinson award: Peer support: Time to tap the (largely) untapped. Diabetes UK, Manchester.
- Simmons D, Bunn C & Graffy J. (June 2012). Who wants to be a peer support facilitator? Early data from RAPSID: RAndomised Controlled Trial of Peer Support in Diabetes. ADA, Philadelphia.
- Simmons D, Bunn C, Akhter K, Donald S, Ward C, Holman D, Graffy J. (March 2013). Impact of the RAPSID Education Programme on diabetes knowledge among people with type 2 diabetes. Diabetes UK, Manchester.
- Simmons D, Graffy, Birch and Bunn. (October 2010). Preliminary findings from the RAPSID Pilot Study. Poster for the Institution of Metabolic Sciences, University of Cambridge.
- Simmons D, Graffy J, Holman D. (June 2013). Potential to Reduce Hyperglycaemia Through Peer Support in RAPSID: Randomised Controlled Trial of Peer Support in Diabetes. American Diabetes Association 73rd Scientific Sessions, Chicago, IL.
- Schmied E, Parada H, Said S, Cherrington A, Ayala GX. (March 2013). The relationship between sleep duration and disease control among Hispanic adults with type 2 diabetes. Poster presented at the 34th Annual Meeting & Scientific Sessions of the Society of Behavioral Medicine, San Francisco, CA.
- Srivastav S, Cherrington A, Varley A, Andreae S, Gamboa C, Safford M. (March 2013). "SMART" goals and outcomes in a peer-delivered community-based diabetes intervention trial in the rural South. 34th Annual Meeting of the Society of Behavioral Medicine, San Francisco, CA.
- Talley M, Appel SJ, Wright MA, Gamboa C, Safford MM. (February 2010). Association of Diabetes Distress with A1C among African American Women in the ENCOURAGE Study. 25th Annual Conference of the Southern Nursing Research Society (SNRS), Jacksonville, FL.
- Tang TS. (June 2012). How educators work with peers. "Health Care Delivery is Changing – Where do Diabetes Educators fit?". Invited Presentation at the American Diabetes Association 72nd Scientific Sessions, Philadelphia, PA.

- Tang TS, Funnell MM, Gillard M, Nwankwo R. (August 2010). Training peers to provide sustained diabetes self-management support (DSMS): A pilot study. Paper accepted for oral presentation at the 11th International Congress of Behavioral Medicine, Washington DC.
- Tang TS. (May 2009). Enhancing peer support among people with diabetes. Invited talk at the Michigan Diabetes Research and Training Center's Prevention and Control Symposium. Ann Arbor, MI.
- Tang TS. (October 2009). Feasibility of developing a training program for peer educators in diabetes within the workshop on From Theory to Practice. Invited plenary speaker at the 20th World Diabetes Congress, Montreal, Canada.
- Tang TS. (December 2011). The development, implementation, and evaluation of a peer leader training program. Invited Presentation at the World Diabetes Congress 2011. Dubai, United Arab Emirates.
- Tang TS. (June 2012). How educators work with peers. "Health Care Delivery is Changing – Where do Diabetes Educators fit?". Invited Presentation at the American Diabetes Association 72nd Scientific Sessions, Philadelphia, PA.
- Tang TS, Cherrington A, & Ayala GX. (April 2012). Training, evaluation and intervention fidelity: The Peers for Progress network. Seminar presented at the 33rd Annual Meeting & Scientific Sessions of the Society of Behavioral Medicine (SBM), New Orleans, LA.
- Whitely K, Andreae S, Safford M. (February 2013). Primary care provider awareness of the prevalence of beliefs about generic medications among patients. UAB Health Disparities Research Symposium, Birmingham, AL.