

**World Diabetes Congress Dubai 2011
Peers for Progress Network Presentations
December 2011**

Tuesday, December 6, 2011

SYMPOSIUM ON THE SCIENCE AROUND PEER EDUCATION

Title: [The Development, Implementation, and Evaluation of a Peer Leader Training Program](#)

Presenter/Author: Tricia S. Tang, M.M. Funnell, M. Gillard, R. Nwankwo, M. Heisler ; USA

Description: Tang discusses the potential role of peer support in Diabetes Self Management Support (DSMS) and shares the results of a study aimed at testing the feasibility of training peer leaders to deliver support in this capacity. The study selected, trained, and evaluated nine African American peer leaders in pre-established competencies. [\[Abstract\]](#) [\[Video\]](#)

Title: [Integrating peers and professionals into a successful program](#)

Presenter/Author: E.B. Fisher, R.I. Boothroyd, M.M. Coufal: USA

Description: In this symposium, Fisher discusses the role of peer support in promoting diabetes self management and introduces the four key functions of peer support identified by Peers for Progress as a template for organizing peer support activities. Evidence for this approach is presented through a description of peer support programs around the world that have utilized the four key functions, which provide flexibility for contextual factors and have resulted in a rich variety of models for peer support delivery. [\[Abstract\]](#)[\[Video\]](#)

Title: [Peer education in China](#)

Presenter/Author: Z. Sun, L. Liu, C. Ju: China

Description: To address the need for culturally relevant peer support programs in China, Sun introduces an innovative hospital based peer support program designed specifically for a Chinese audience. In a pilot study of the peer support intervention, peer leaders were selected from a diabetes self management education center and trained using an adapted version of the peer training curriculum provided by Peers for Progress. Sun shares the results and implications of this trial study in his presentation. [\[Abstract\]](#)[\[Video\]](#)

Title: [Action research on peer educator networks in Cambodia: Opportunities and challenges](#)

Presenter/Author: M. van Pelt: Cambodia

Description: In Cambodia and other developing nations, there is a need for low cost, evidence based interventions that can adequately address the needs of patients with chronic diseases. Peer educator networks are one such intervention on which information is currently lacking. Van Pelt shares his experience gathering internal data on one of the first peer educator networks in Cambodia and discusses his findings, which indicate that the program did effectively deliver care to its participants at an affordable cost. [\[Abstract\]](#)



POSTER PRESENTATION ON PEER-TO-PEER EDUCATION

Title: Outcome of a pilot community based peer support intervention to improve diabetes self care in Cameroon

Presenter/Author: S.T. Enoru, F.K. Assah, E. Sobngwi, L. Fezeu, J.C. Mbanaya: Cameroon

Description: In this poster discussion, Mbanaya shares the design, implementation, and results of a pilot study of a peer support intervention in Yaounde, Cameroon. Peers in the intervention supported each other in group meetings and telephone calls for a period of six months. The implications of the study suggest that peer support programs are a feasible method of encouraging diabetes self management in sub-Saharan Africa. [[Abstract](#)]

Wednesday, December 7, 2011

SYMPOSIUM ON DELIVERY OF DIABETES CARE

Title: [Evolution and innovation in chronic care](#)

Presenter/Author: B. Oldenburg: Australia

Description: Oldenburg discusses the emerging role of information and communication technology (ICT) in ongoing follow up and support for peer support programs in chronic disease management. Evidence for the use of ICT is presented through a series of trials that have utilized ICT across a variety of settings. [[Abstract](#)][[Video](#)]

Title: [Using peers and other community support to address unmet needs in diabetes](#)

Presenter/Author: M. Heisler: USA

Description: Heisler discusses the role of peer supporters and community health workers (CHWs) in enhancing diabetes self management by sharing evidence of its success across a variety of settings. Additionally, Heisler shares a number of modalities for delivering peer support, including the use of inexpensive technologies. [[Abstract](#)][[Video](#)]

Thursday, December 8, 2011

ORAL PRESENTATION ON ENGAGING THE PERSON IN THEIR DIABETES SELF-CARE

Title: [A peer support intervention for rural Ugandan adults with diabetes](#)

Presenter/Author: L. Baumann, F. Nakwagala, D. Blobner, B. Nankwanga, J. Ejang, A. Nambuya: Uganda

Description: Bauman introduces an innovative model of peer support in rural Uganda in which providers, peer "champions", and their partners were provided with cell phones with a closed network to facilitate communication among the three groups. Results of a four month pilot study to test the feasibility of the program to improve diabetes self management, metabolic control, perceptions of social and emotional support, and linkages to care are presented. [[Abstract](#)][[Video](#)]