

11th International Congress of Behavioral Medicine (ICBM), Aug 4-7, 2010
Peers for Progress ICBM Supplemental Resource Guide: Presentations & Resources

Wednesday, August 4, 2010

Workshop on Cross Cultural Research in Health Promotion and Chronic Disease Management

Title: [Standardization by Function, Not Content](#)

Presenter: Edwin Fisher, PhD, Global Director, Peers for Progress

This is a presentation on standardization of peer support by function (common or core components), not by content (what things actually look like when locally implemented). It focuses on a global approach integrating foundations in evidence with tailoring to local strengths and needs.

Title: [The Malaysia Diabetes Prevention Program](#)

Presenter: Carina Chan, PhD, Jeffrey Cheah School of Medicine & Health Sciences, Monash University Sunway Campus, Malaysia

This is a presentation on a diabetes prevention program in Malaysia demonstrating and evaluating local tailoring efforts and implementation in real world settings. This project is a good example of chronic disease prevention programs in middle-income countries.

Title: [Health Outcomes & Research Objectives in \(Cross Cultural\) International Research](#)

Presenter: Brian Oldenburg, PhD, Professor of International Public Health & Associate Dean of Global Health and International Campuses, Monash University, Australia

This is a presentation addressing the important issues regarding health outcomes and objectives in international research. These issues include:

- Choosing correct disciplinary lenses to examine causation of health outcomes of interest
- Health trends and epidemiologic transitions between countries and regions
- The urgent need for more evidence development in prevention type 2 diabetes and its complications in developing countries
- Translation and exchange between settings, populations, cultures and/or countries.

Title: [Identification of Reliable Measures of Outcomes](#): Consensus Measures of Outcomes and Key Mediators of Benefits of Peer Support in Diabetes Management

Presenter: Renée I Boothroyd, PhD, MA, MPH, CHES, Director, Peers for Progress Program Development Center

This is a presentation on [Consensus Evaluation for Research on Self Management and Peer Support in Diabetes](#) (a 9-page handout) containing a core set of shared measures of outcomes and key mediators of benefits of peer support in diabetes management identified and used by the Peers for Progress Program Development Center and Evaluation Grantees.

Please also see Resource Document:

[Cross-cultural and international adaptation of peer support for diabetes management](#) (Fisher et al., 2010) from a special supplement of [Family Practice](#).

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Thursday, August 5, 2010

Paper Session on Geographic Variations in Health Behaviors

Title: [Global Systematic Review of Peer Support for Complex Health Behavior](#)

Presenter: Emily Elstad, MPH, Doctoral Student, Dept. of Health Behavior & Health Education, University of North Carolina at Chapel Hill

This is a presentation on the preliminary results of a global systematic review of peer support for complex health behavior being conducted through Peers for Progress Program Development Center.

Please also see the submitted [abstract](#) of this presentation.

Symposium on Knowledge to Action in the Health Field: International Development & Challenges Ahead

Title: [Standardization by Function, Not Content, and Regional Networks for Global Promotion and Dissemination of Peer Support as Standard Component of Health Care](#)

Presenter: Edwin Fisher, PhD, Global Director, Peers for Progress

This is a presentation on the global approach of Peers for Progress to tackle key challenges of standardization of peer support, and promotion and dissemination of such a strategy in a culturally contingent, global context. It focuses on standardization by function, not by content, and utilization of regional networks for global promotion and dissemination.

Saturday, August 7, 2010

Symposium on Peer Support across Cultural, National, and Organizational Settings: Common Functions and Setting-Specific Features

Title: [Peer Support Across Cultural, National and Organizational Settings: Common Functions and Setting-Specific Features](#)

Presenter: Edwin Fisher, PhD, Global Director, Peers for Progress

This is a presentation on a global approach focusing on 4 key functions of peer support and addressing the needs of chronic diseases (e.g. diabetes) by tailoring these functions to different settings.

Title: [JADE and PEARL in Hong Kong](#): The Integration of Peer Support, Telehealth, and Primary Care in Diabetes Management

Presenter: Hairong Nan, MD, PhD, Asia Diabetes Foundation (ADF), Chinese University of Hong Kong (CUHK)

This presentation demonstrates a peer support program in Hong Kong, PEARL, which utilizes a web-based disease management system (JADE) integrating with motivational peer support through telephone counseling to improve community-based diabetes care. The presentation also includes introduction of a train-the-trainer course for peer supporters (PLATINUM).

Title: [The Australasian Peers for Progress Diabetes Program](#): Important Features and Potential for Transfer to Other Countries

Presenter: Brian Oldenburg, PhD, Professor of International Public Health & Associate Dean of Global Health and International Campuses, Monash University, Australia

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This is a presentation on a Peers for Progress evaluation grantee project, Australasian Peers for Progress Diabetes Program, implementing the interventions built upon the 4 key functions of peer support (in the context of Peers for Progress) in the State of Victoria, Australia. The intervention components include monthly peer group meetings led by trained peer leaders, participant workbook and website. This project also focuses on cost effectiveness as well as transferability of such a program to other countries.

Title: [Peer Support for Adults with Diabetes in Rural Uganda: Champions and Partners](#)

Presenter: Linda Baumann, PhD, RN, FAAN, Professor, School of Nursing, The University of Wisconsin-Madison

This is a presentation on a Peers for Progress demonstration grantee project utilizing peer champion/partner intervention to reach adults with type 2 diabetes in rural Uganda. The presentation also introduces important context of the project (e.g. cultural beliefs and diet), provides insight to peer champion training and examines critical issues regarding program implementation (e.g. peer supporter recruitment, retention, participant engagement and resource assessment). This is a good example of peer support programs targeting Africans, or socioeconomically-challenges communities (e.g. rural area).

Title: [Generalizable Functions of Peer Support and Local Tailoring of Peers Support Interventions](#): Examples from Peers for Progress

Presenter: Renée I Boothroyd, PhD, MA, MPH, CHES, Director, Peers for Progress Program Development Center

This is a presentation on four key functions of peer support in the context of Peers for Progress and examples from Peers for Progress grantees demonstrating local tailoring efforts for diverse implementation of these key functions.

Please also see Resource Document:

[Peers for Progress: promoting peer support for health around the world](#) (Boothroyd and Fisher, 2010) from a special supplement of [Family Practice](#)

Peers for Progress Resource Documents (cross-cutting)

Title: [Consensus Evaluation for Research on Self Management and Peer Support in Diabetes](#) (9-Page Handout)

Author: Peers for Progress Team

A 9-page handout provides a quick overview of Consensus Evaluation for Research on Self Management and Peer Support in Diabetes. This contains a core set of cross-site shared evaluation indicators in the context of Peers for Progress, which measures outcomes and key mediators of benefits of peer support in diabetes management. For a comprehensive version of this document, [click here](#).

Title: [Selected Evidence Points for Peer Support](#)

Author: Peers for Progress Team

This is a summary of selected evidence for peer support assessed as part of a global systematic review of peer support for complex health behavior being conducted through Peers for Progress Program Development Center.

Please also see [Sharing Center](#) under [Peers for Progress Website](#) for more resources.