

Peer Support Across Cultural, National and Organizational Settings: Common Functions and Setting-Specific Features

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Society of Behavioral Medicine



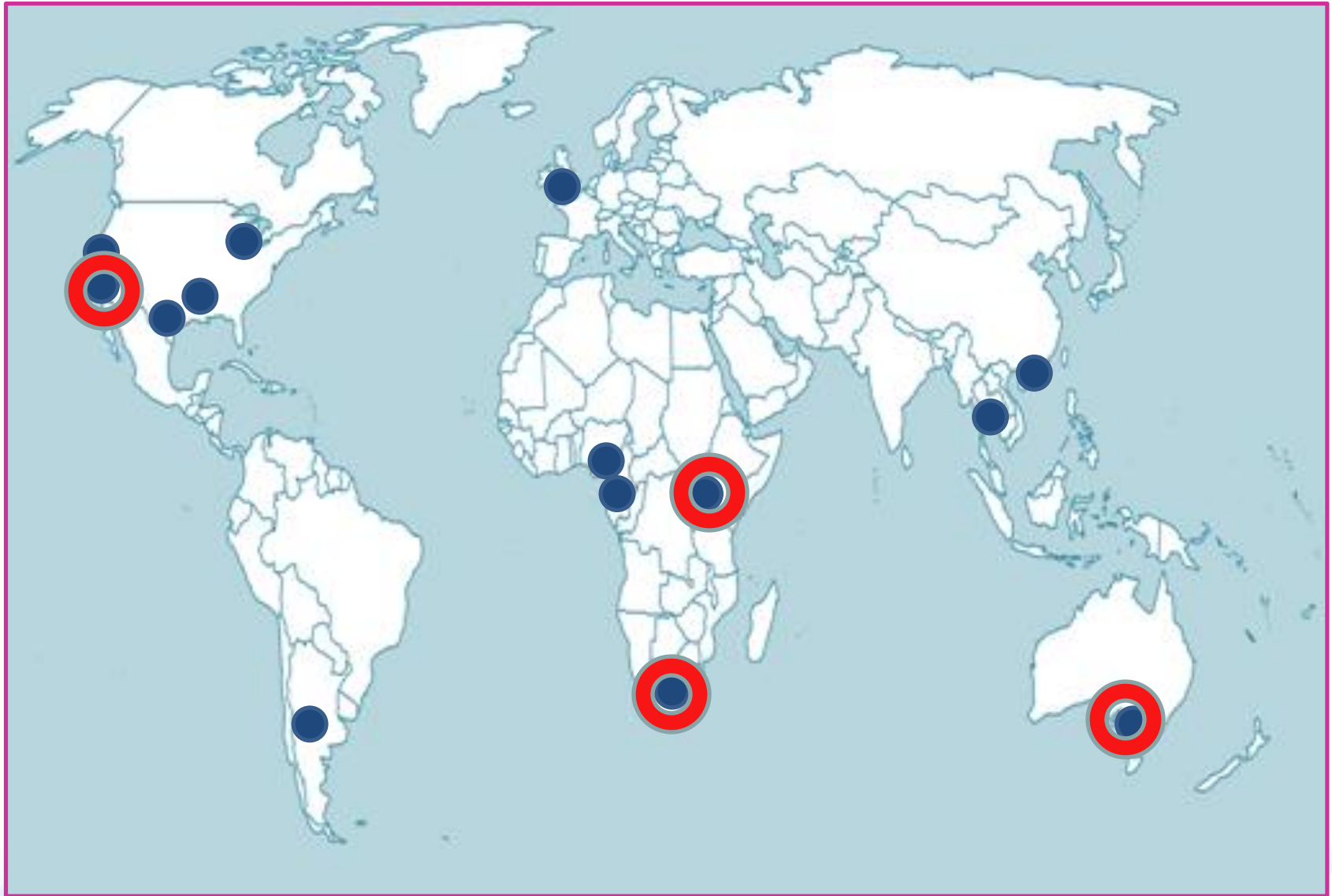
Peers for Progress
Peer Support Around the World

A program of the American Academy of Family Physicians Foundation

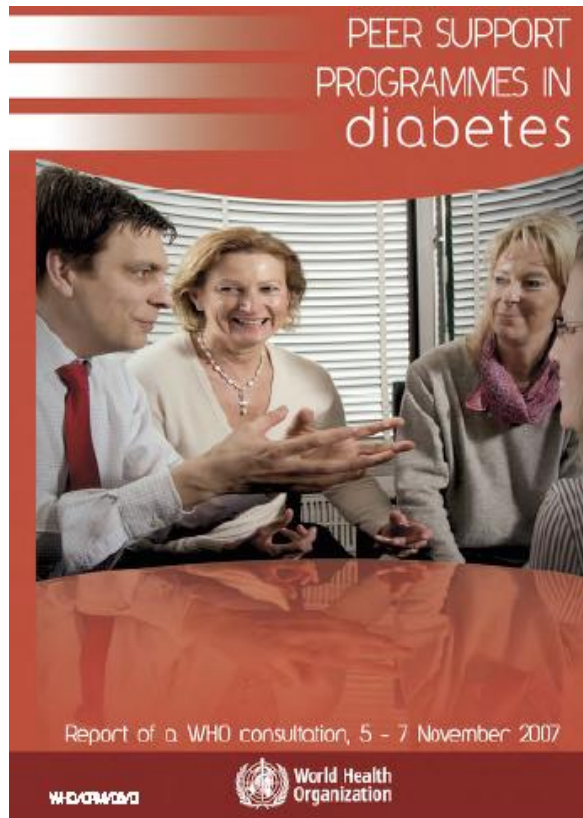
14 Funded Projects of Peers for Progress



Four Presenters Today



WHO Consultation, November, 2007



Australia	Mexico
Bangladesh	Netherlands
Bermuda	Pakistan
Brazil	Philippines
Cameroon	Saudi Arabia
Canada	Singapore
China	Switzerland (WHO)
Egypt	Turkey
Gambia	Ukraine
India	United Kingdom
Indonesia	United Republic of Tanzania
Jamaica	United States

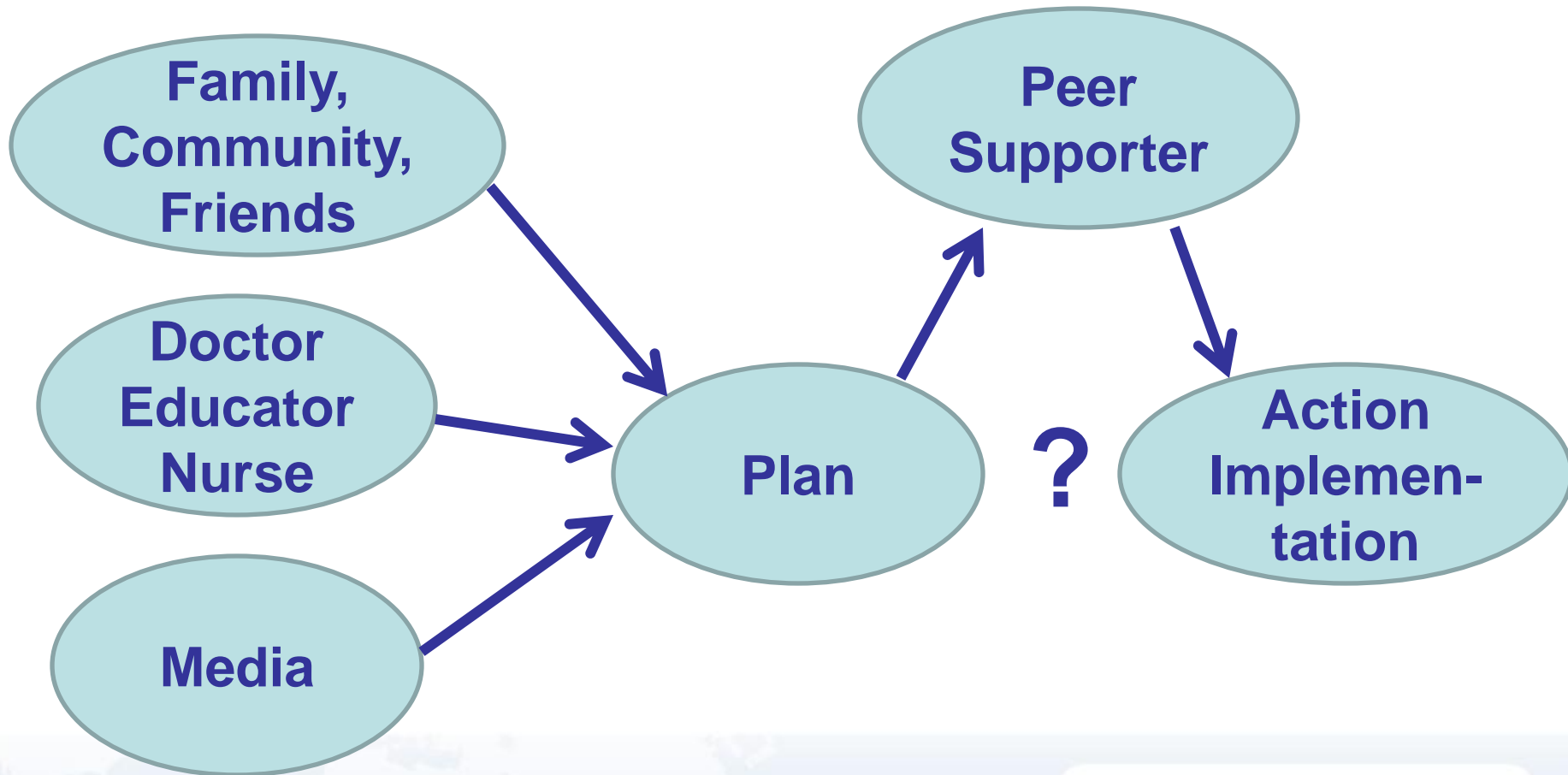
1. Key functions are global

2. How they are addressed needs to be worked out within each setting

Key Functions of Peer Support

- 1. Assistance, consultation in applying management plan in daily life**
- 2. Ongoing social and emotional support**
- 3. Linkage to/assistance in gaining access to clinical care**
- 4. Ongoing availability of support; proactive contact**

Assistance in applying management plan in daily life



Key Functions of Peer Support

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“Standardization by function, not content”

Hawe et al. British Medical Journal
328:1561-1563, 2004.

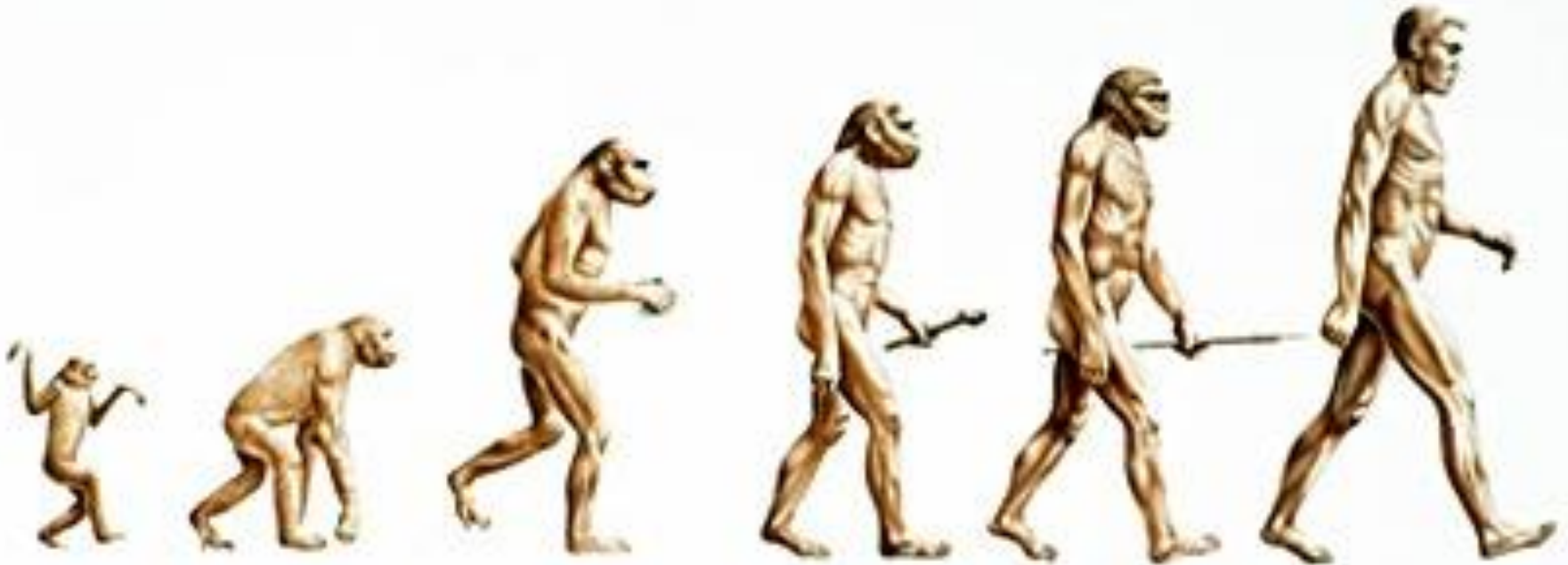
Aro et al. Eur J Public Health 18:548-549,
2008

Dimensions of Peer Support Programs and Their Implications on Acceptance

Naturalistic, casual contact in existing groups	↔	Trained peer supporters in programmed, planned contact
Community action and organization	↔	Individual, direct services
Community-based	↔	Clinic-based
Under resourced community and modest health system	↔	Highly resourced community and extensive health system
Volunteer	↔	Paid peer supporters
Shared specific health problem	↔	Generalist peer supporters with communication and behavior change skills

** Excerpted feedback from Peers for Progress Global Peer Support Research Meeting with 60+ participants from 20+ countries in Kuala Lumpur, Malaysia, October 2010*

Peer Support Begins??????????





Peer Support Begins!!!!!!!!!!!!!!!!!!!!!!



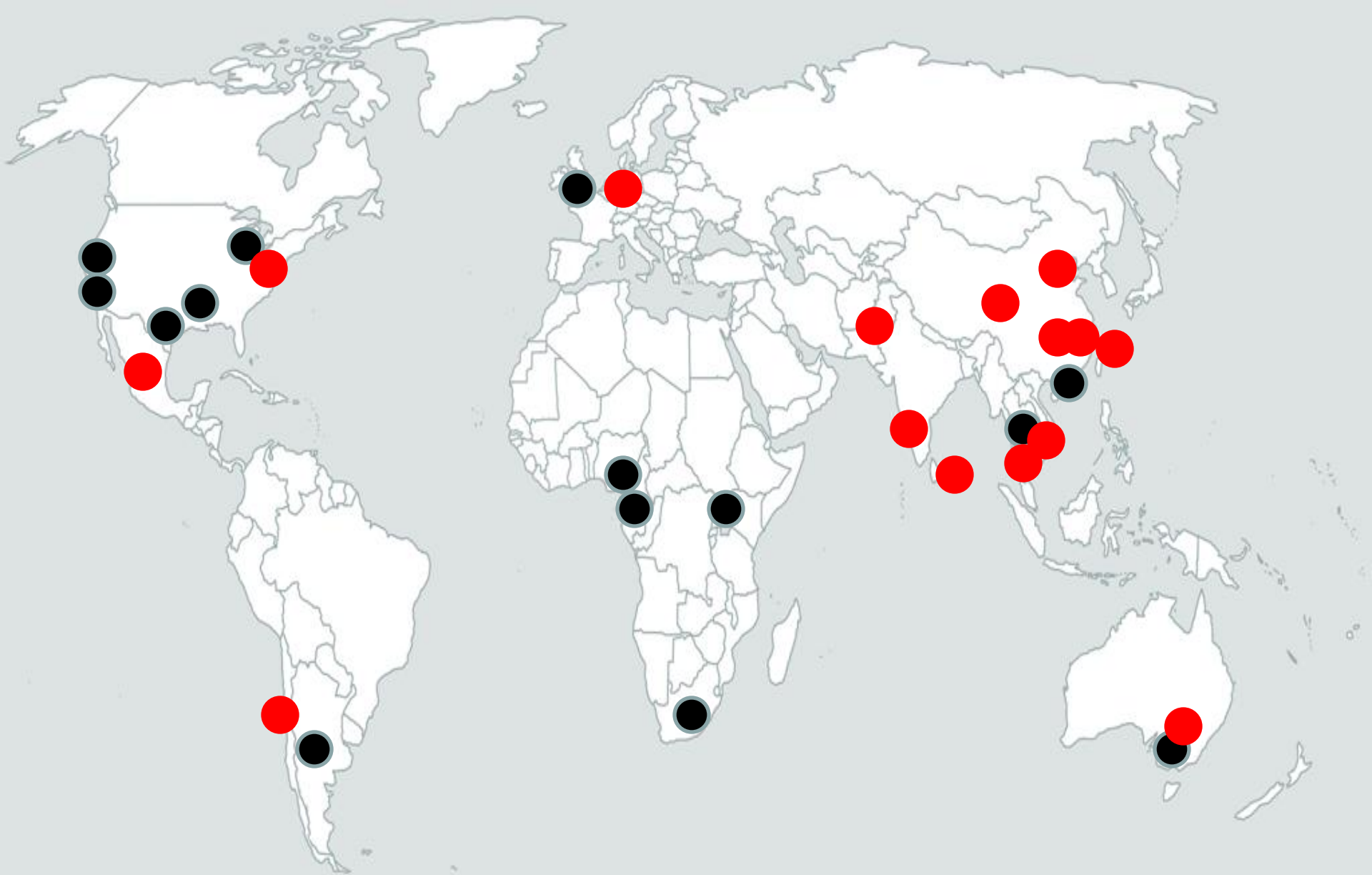
Need and Niche

Need:

Peer support is as old as humankind, but those who need it don't always get the kind or the amount they need

Niche:

Accelerate the availability of state-of-the-art in peer support to improve the health of people around the world



● Original 14 Grantees

● Additional Collaborations



Peer support around the world

People living with diabetes have a great deal to offer each other.

Diabetes encompasses all aspects of people's lives, often for decades. Support from peers can offer emotional, social, and practical assistance that helps people do the things they need to do to stay healthy. Peer support complements and enhances other health care services.

Peers for Progress addresses the global diabetes epidemic by:

- Extending the evidence base for peer support
- Establishing peer support as a core component of diabetes care
- Building a network of peer



Our Mission
To accelerate best practices in peer support around the world.

Reliable,
Up-to-Date
Information
on Peer
Support

Program
Models,
Materials for
Program
Development



Peers for Progress

Peer Support Around the World

“Go to” Source on Peer Support

Tools for
Program
Monitoring,
Quality
Improvement

Global
Networking
and Website
for QI,
Knowledge
Sharing

Regional
Networks for
Collaboration,
Advocacy

**Enhanced
Quality and
Availability
of Peer
Support
Worldwide**

Peer Support Across Cultural, National and Organizational Settings: Common Functions and Setting-Specific Features



Guadalupe X. Ayala, Ph.D., M.P.H., San Diego State University

Working to improve peer support for diabetes along the California-Mexico border: *Puentes Hacia Una Mejor Vida*



Linda Baumann, Ph.D., A.P.R.N., B.C., F.A.A.N., University of Wisconsin

Peer support for adults with diabetes in rural Uganda



Brian Oldenburg, Ph.D., Monash University

The Australasian Peers for Progress Diabetes Program: Important features and potential for transfer to other countries.



Mary Jane Rotheram-Borus, Ph.D., UCLA

Discussant