

Evaluating Training Outcomes: Part 4

Society of Behavioral Medicine

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Peers for Progress

Peer Support Around the World | DIABETES

Training outcomes?

- Diabetes-related knowledge
- Active listening skills
- Empowerment-based facilitation skills
- Perceived self-efficacy

Assessment methods?

- Diabetes-related knowledge
 - Written tests
 - Oral tests
- Active listening skills
 - Behavioral observation and checklist (standardized patient case)
- Empowerment-based facilitation skills
 - Video vignettes
- Perceived self-efficacy
 - Self-report

Empowerment-based facilitation skills

- Empowerment-based rating form
- Video vignettes
- Strengths and weaknesses of this methodology

Lois – Vignette 2

- Do you think it would help if you explain your intake of food and what you expect from them?
- Sounds like it angers you that your family tries to control your eating
- Can you let your friends know that you can eat all kinds of things even if you are diabetic?

Regina – Vignette 1

- Byetta is not used to just lose weight. It's to help you control your blood sugars.
- Shouldn't you check with your doctor before you start taking something that is new?
- Is losing weight your current goal?

Genell – Vignette 1

- Sounds like taking insulin is very scary for you.
- What do you think is going to happen to your health if you don't take insulin?
- Can you keep an open mind about medication and then decide what is the best approach?

AI – Vignette 2

- Write down your own response

Assessing active listening skills

- Standardized patient case
- Active listening observation scale
- Strengths and weaknesses of methodology

Program evaluation

- Quantitative and qualitative methods
- Program satisfaction
- Perceived efficacy