Evaluating Training Outcomes:
Part 4
Society of Behavioral Medicine
April 27, 2011
Training outcomes?

- Diabetes-related knowledge
- Active listening skills
- Empowerment-based facilitation skills
- Perceived self-efficacy
Assessment methods?

• Diabetes-related knowledge
  – Written tests
  – Oral tests

• Active listening skills
  – Behavioral observation and checklist
    (standardized patient case)

• Empowerment-based facilitation skills
  – Video vignettes

• Perceived self-efficacy
  – Self-report
Empowerment-based facilitation skills

- Empowerment-based rating form
- Video vignettes
- Strengths and weaknesses of this methodology
Lois – Vignette 2

- Do you think it would help if you explain your intake of food and what you expect from them?
- Sounds like it angers you that your family tries to control your eating
- Can you let your friends know that you can eat all kinds of things even if you are diabetic?
Regina – Vignette 1

• Byetta is not used to just lose weight. It’s to help you control your blood sugars.
• Shouldn’t you check with your doctor before you start taking something that is new?
• Is losing weight your current goal?
Genell – Vignette 1

- Sounds like taking insulin is very scary for you.
- What do you think is going to happen to your health if you don’t take insulin?
- Can you keep an open mind about medication and then decide what is the best approach?
AI – Vignette 2

• Write down your own response
Assessing active listening skills

- Standardized patient case
- Active listening observation scale
- Strengths and weaknesses of methodology
Program evaluation

• Quantitative and qualitative methods
• Program satisfaction
• Perceived efficacy